Introduction to the 5th Seminar

The CDC Perspective

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Chief Medical Officer
National Center for Chronic Disease Prevention and Health Promotion, CDC, Atlanta.
A Welcome from CDC

• **Mission**: "To promote health and quality of life by preventing and controlling disease, injury, and disability".

• **Vision for the 21st Century**: "Healthy People in a Healthy World—Through Prevention".
• Health Promotion: Global health will improve by sharing knowledge, tools and other resources with people and partners around the world.

• Health Diplomacy: CDC and the US Government will be trusted and effective resources for health development and health protection around the globe.
A Workshop of Experts on Health Promotion and Disease Prevention
Accra, Ghana; December 6-10, 2003

To advise CDC on:

“... how best to design, implement, and evaluate an annual training seminar in sub-Saharan Africa on CV health promotion, CV disease prevention, and chronic disease epidemiology”
CDC Workshop Participants
Accra, Ghana. December 6-10, 2003
International Expert Panel – 1 of 3

• Adebowale A. Adeyemo, Washington, DC
• Kingsley K. Akinroye, Lagos, Nigeria
• Albert G.B. Amoah, Accra, Ghana
• Omolaraeni Awokoya-Adadevoh, Lagos, Nigeria
• Anand D. Awootar, Phoenix, Mauritius
• Michael O. Balogun, Ile-Ife, Nigeria
• Fred N. Binka, Navrongo, Ghana
• Ruth Bonita, Geneva, Switzerland
• Pascal Bovet, Victoria, Seychelles
• Arun Chockalingam, Vancouver, BC, Canada
• Ayodele O. Falase, Ibadan, Nigeria
• Marie-Claude Lamarre, Paris, France
• Daniel Lemogoum, Yaounde, Cameroon
• Liliane C. Luwaga, Kampala, Uganda
• Ernest C. Madu, Nashville, Tennessee
• Bongani M. Mayosi, Cape Town, South Africa
• Shanthi Mendis, Geneva, Switzerland
• George A. Mensah, Atlanta, Georgia
• Walinjom F.T. Muna, Yaounde, Cameroon
• Thomas C. Nchinda, Founex, Switzerland
• Sania Nishtar, Islamabad, Pakistan
• David Nyamwaya, Brazaville, Congo
• Elizabeth O. Ofili, Atlanta, Georgia
• Adesola Ogunniyi, Ibadan, Nigeria
• Emmanuel O. Owolabi, Gaborone, Botswana
• Joseph O.M. Pobee, Accra, Ghana
• K. Srinath Reddy, New Delhi, India
• Babatunde Lawal Salako, Ibadan, Nigeria
• Lateef A. Salako, Lagos, Nigeria
• Janet Voûte, Geneva, Switzerland
• Pat Youri, Nairobi, Kenya
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International Expert Panel Task Forces

• **Task Force 1**: Course content, areas of emphasis, target audience.

• **Task Force 2**: Ideal faculty and trainees; guidance on recruitment, implementation, logistics.

• **Task Force 3**: Course evaluation and factors for success.

• **Task Force 4**: Post-course networking, special projects, sustainability.

• **Task Force 5**: The Role of Government Agencies, NGOs, Health Professional Societies, and International Cardiovascular Training Programs.
Recommended Focal Areas

- Core principles of cardiovascular health promotion and chronic disease prevention.
- Basic epidemiology of CVD and other chronic diseases and their risk factors.
- Basic skills for developing effective teams and partnerships across multiple sectors.
- Skills and strategies needed to effect policy, systems-level, and environmental changes.
- Effective communication, social marketing, and advocacy for health.
- Appropriate use of local data for planning, conducting, and evaluating programs.
Expectations at the End of the Seminar

• Understand health promotion principles for the prevention and control of NCD in Africa.
• Acquire a comprehensive knowledge of the epidemiology of CVD & risk factors in Africa;
• Understand the principles and practice of NCD surveillance and related challenges in Africa.
• Be able to formulate and apply a plan for CVD risk factor control.
• Understand how to build and work with a multi-disciplinary team to achieve health promotion and NCD prevention goals.
• Be able to train others on lessons learnt.
ORIGINAL REPORTS


George A Mensah, MD

LIPID AND LIPOPROTEIN TESTING IN RESOURCE-LIMITED LABORATORIES

Gary L Myers, PhD

Research Capacity Development for CVD Prevention: The Role of Partnerships

Thomas C. Nchinda, MD, DTPH

Education and Income: Double-Edged Swords in the Epidemiologic Transition of Cardiovascular Disease

Thomas A Pearson, MD, MPH, PhD

Population Aging and Implications for Epidemic Cardiovascular Disease in Sub-Saharan Africa

Suzanne M Smith, MD & George A Mensah, MD

The Role of the World Heart Federation in Cardiovascular Health Promotion and Disease Prevention in Developing Countries with a Special Emphasis on Sub-Saharan Africa

Elinor E Wilson, PhD on behalf of the World Heart Federation
Phase One
Francophone Africa

Phase Two

Phase Three
Francophone Africa
FOURTH ANNUAL SEMINAR ON CARDIOVASCULAR HEALTH AND CHRONIC DISEASES EPIDEMIOLOGY

JULY 8TH - 20TH 2007 AT SAFARI PARK HOTEL, NAIROBI- KENYA
How CDC Supports Public Health Efforts

• CDC provides **data** to inform local, state, and national decisions in the US & abroad.
• CDC **funds** prevention efforts in states and communities in the US and abroad.
• CDC supports **prevention research** and makes information available about what works.
• CDC provides **tools** in order to implement what works in real-life settings.
Importance of Global Partners that Relate to CDC’s National Center for Chronic Disease Prevention and Health Promotion

IUHPE

CARE Inc; Academic Institutions; CDC Foundation; TEPHINET; Carter Center; USAID; Gates Foundation; WHO; WHO Regional Offices; Ministries of Health; The World Bank