Online Learning Module: How to Educate the Community about Cervical Cancer Screening

Course Objectives

- Describe what health communication is and what it can do
- Discuss tips for developing effective health messages around cervical cancer
- Describe peer educators' role in a cervical cancer screening program
- Identify 3 key messages to be disseminated for a cervical cancer screening program

What is Health Communication?

 The study and use of communication strategies to inform and influence individual and community decisions that improve health.



Health Communication Guidelines

- 1. Define health message goal
- 2. Identify group you want to communicate your message to
- 3. Create message to fit your goal & group
- 4. Pre-test message with group members
- 5. Implement message with group and evaluate if the group understands message and if message is effective

What Health Communication Can Do

- Increase knowledge and awareness of a health problem
- Influence beliefs that may change customs and practices
- Demonstrate healthy skills
- Motivate action
- Show the benefit of behavior change
- Increase demand or support for health services
- Dismiss myths and misconceptions

Message Development

Tips on deciding what to say and how to say your health messages

- 1. Limit the number of messages
- 2. Tell women what you want them to do
- 3. Tell women what they will gain
- 4. Choose your words carefully
- 5. Be sensitive to cultural customs and practices



Peer Educators

- A community member who is seen by others as a focal point for information and assistance
- Select peer educators from community where clinic will be located
 - Increases effectiveness
 - Increases availability
- Should reach out to community of potential clients and distribute educational pamphlets
- Can help administer questionnaires to patients

Peer Educators

Roles of a Peer Educators: Peer Educators work in:

- Education
- Counseling
- Cervical cancer prevention advocacy

- Residential areas
- Churches
- Markets
- Bus stations
- Bars
- Schools
- Prisons
- The workplace



Key Messages

- Any woman who has ever had sexual intercourse needs to be screened for cervical cancer
- 2. The early stages of cervical cancer do not have any symptoms
- 3. The purpose of screening is to prevent women from getting cancer of the cervix

CCPPZ Co-directors CCPPZ Program Manager CCPPZ Community Outreach Coordinator Super Super Super Super Peer Peer Peer Peers 25 Peer Educators

Evaluation – Page 1 of 2

1. Effective health education should:

- (a) Include a defined health message
- (b) Fit the goal and group
- (c) Be evaluated to determine appropriateness
- (d) All of the above

2. The goal of health education is to:

- (a) Educate the country's future doctors
- (b) Dismiss myths and misconceptions about a health problem
- (c) Demonstrate unhealthy skills
- (d) None of the above

Evaluation – Page 2 of 2

- 3. When developing health messages the following are important principals:
 - (a) Include a limited number of messages
 - (b) Develop culturally sensitive messages
 - (c) Clearly discuss the benefits of the health behaviour
 - (d) All of the above
- 4. Key messages in cervical cancer education include:
 - (a) All stages of cervical cancer have clear symptoms
 - (b) Only high-risk women should be screened
 - (c) Only women with symptoms should have cervical cancer screening
 - (d) Any woman who has ever been sexually active should be screened for cervical cancer

Evaluation Score

- Congratulations!
- You passed this evaluation with a score of

• Please click on the CERTIFICATE button below to print your certificate. Be sure to print & sign your name before submitting the certificate to your supervisor.

CERTIFICATE

"Every woman has the right to live a life free from cervical cancer"

